

CSI COMMUNITY ED Fall 2017

REGISTER FOR THESE CLASSES HERE

If you prefer, you can also call 732-6442 to register by phone, come into the Community Education Center in the Fine Arts Building, or fill in the **registration form** and mail with payment to: CSI Community Education, PO Box 1238, Twin Falls, ID 83303. Enclose a check or money order. If you are paying with a credit or debit card, write your card number and expiration date at the bottom of the registration form page.



METAL STAMPING WITH JENNY WREN

Dates: September 18

Days: Monday

Time: 6 – 8 p.m.

Fee: \$25 + \$10 for materials (paid to instructor)

Location: Taylor 276

Instructor: Jenny Hefner

In Metal Stamping with Jenny Wren, each student will choose metal pieces and embellishments to design their own unique piece of jewelry. This class will introduce you to the necessary tools and materials needed for this fun and addicting technique.

The instructor will guide you through the stamping and jewelry

assembly process. By the end of the class, you will walk away with a beautiful piece to call your own.



ARM KNITTED SCARVES WITH JENNY WREN

Dates: November 3 and 6

Days: Friday and Monday

Time: 6 – 8 p.m.

Fee: \$20 + \$10 for class materials (paid to instructor)

Location: Taylor 276

Instructor: Jenny Heffner

Learn an easy skill that can have you knitting fun accessories for the fall and winter and knocking out Christmas presents! You don't have to know how to knit or crochet to be able to create cozy, warm handmade scarves. During this course, you will be provided with yarn to make your scarf and learn the technique of arm knitting. At the

end, you will walk away with a finished product.



measures 24" tall and 9" wide, and the front door tags are 18" tall and 8" wide each. Come have fun and bring your friends...

CHRISTMAS CRAFT NIGHT

Dates: November 7

Days: Tuesday

Time: 6 – 8 p.m.

Fee: \$20 + \$25 for materials (paid to instructor)

Location: Taylor 276

Instructor: Tina Standlee

Pick one of these fun Christmas crafts to put together for your home or a friend! Each kit comes with everything you need to complete the project the night of the class as the instructor guides you along the way and gives you tips. The joy sign



BOOK FOLDED ART

Dates: September 21

Days: Thursday

Time: 6 – 8 p.m.

Fee: \$20 + \$10 for materials (paid to instructor)

Location: Taylor 277

Instructor: Tina Standlee

Have you seen the newest craft in town? Come learn to do Folded Book Art – it's fun and easy! Custom-made folded

book sculptures are made from carefully folding the pages of recycled books to create different designs. From hearts to letters, words, symbols and objects...anything is possible! In this class, you will learn how to fold a word or picture into a book to give as a gift or to display in your office or home. The instructor will supply the book and a pattern for either a heart or a cross for this class.



BEADED LADDER WRAP BRACELETS

Date: November 7 and 9

Days: Tuesday and Thursday

Time: 6 to 8 p.m.

Fee: \$25 + \$20 supply fee

Location: Student Union 247

Instructor: Diane Gause

Create your own beaded ladder wrap bracelet. Laddering is a fun and essential technique for anyone wanting to make wrap bracelets. Learn what ingredients are best for your project, along with beading techniques such as laddering and macramé stitches. Take home a finished bracelet plus many great ideas to continue new projects. This class is

great for beginners.



DIY WOODWORKING PROJECTS: CUSTOM PLAQUES WITH ANTIQUE FINISHING

Dates: September 7 – October 12

Days: Thursdays

Time: 6 – 8:30 p.m.

Fee: \$80 + \$22 supply fee paid to the instructor

Location: Canyon 133

Instructor: Jessica Larsen

In this class, you will start with a blank slab of wood and then transform it into something special using a variety of different antiquing and distressing

techniques. If you have ever been interested in woodworking and are looking for a great place to start, this is it. Familiarize yourself with different pieces of woodshop equipment and how to use them safely. Begin by choosing one of five custom sign design projects and then complete your sign by learning how to build frames and distress using chisels, scrapers, and worm holing. Additional activities will include: staining, painting, chalk painting, glazing and various finishes. Leave class with a handy new skill set as well as a new one of a kind sign to take home.



STUDIO POTTERY

Dates: September 14 – December 7

Days: Thursdays

Time: 6:30 – 8:50 p.m.

Fee: \$120 + \$20 per 20 lb bag of clay (paid to instructor)

Location: Art Lab 113

Instructor: Sheryl West

Explore a variety of pottery fundamentals while using clay as an expressive medium to create one-of-a-kind functional and decorative pieces. During 25 hours of

studio time, learn hand-building fundamentals, wheel-throwing, and basic elements of sculpture from renowned artist Sheryl West. Finish your pieces with a myriad of glazing and decoration techniques. Beginning and experienced potters alike will advance their skills and sense of creativity.



INTRO TO WELDING & METAL ART

Dates: September 13 – December 6

Days: Wednesdays

Time: 6 – 8:30 p.m.

Fee: \$199

Location: Desert 105

Instructor: Jenn Crowdson

Explore the technology of metal fabrication and welding to create a metal piece that will become something beautiful and durable... or just to brush up on your

skills and work on a specific project or art piece! During this hands-on course, students will be introduced to shop safety, two welding processes (arc welding and mig welding), grinding, different methods of metal cutting(plasma, oxy/fuel torch, cold saw, and disk cutting), and a variety of metal coloring techniques (paint, chemical, heat coloring) to create a finished project to take home at the end of the 20+ hour course. Students need to come dressed in clothes appropriate for welding such as jeans, leather shoes/boots, and long-sleeved shirts of canvas or cotton. Loaner welding helmets, safety glasses, ear plugs, respirators, leather jackets, and gloves will be loaned to students if needed. The class is limited to 10 people and normally fills – early registration is suggested.



UNDERSTANDING PHOTOGRAPHY: THE ART OF PAINTING WITH LIGHT

Dates: September 7 - 21

Days: Thursdays

Time: 6 – 8 p.m.

Fee: \$60

Location: Fine Arts 87

Instructor: Drew Nash

Join award-winning photographer Drew Nash in learning how to use your digital camera beyond its

automatic settings and pick up some tricks of the trade along the way for capturing truly

beautiful photos. Participants will need to own their own DSLR cameras. During the class, you will learn how to understand exposure, the key functions of a digital single lens reflex (DSLR) camera, composition, lens selection, white balance controls and fill flash. Students will explore the CSI campus making images as they apply what they've learned. Lastly, Drew will provide critiques of photos and discuss basic post-production work of select student images and answer burning photography questions. Don't miss the opportunity to explore the arts of photography and follow the light with Drew.



INTRO TO GLASS BLOWING/TORCHWORKING

Dates: September 5 – October 24 (Section 01) or November 7 – December 12 (Section 02)

Days: Tuesdays

Time: 6:30 to 8:30 p.m.

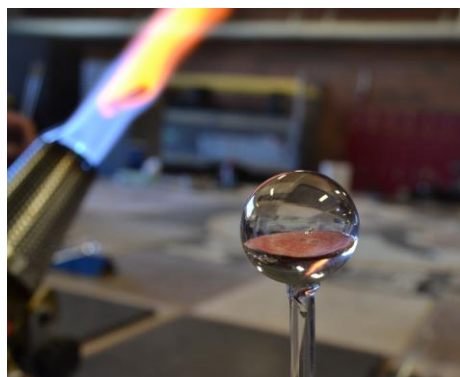
Fee: \$60 + \$100 supplies (paid to instructor)

Location: 496 Madrona

Instructor: Cody Thornton

Torch, Tools and safety gear are provided.

This course is designed to introduce students to the basics of torchworking borosilicate (hard) glass, a.k.a. Glass Blowing. During the semester, students will be introduced to shop equipment, setup, maintenance, tools of the trade, and safety, all while learning the fundamental basics of hands-on torch working by molding solid glass into shapes and figures, creating pendants, beads, and tubular vessels. This course is designed for the individual who is interested in the shop, processes, and skills to make functional solid and blown glass projects, jewelry, and art.



GLASS BLOWING – OPEN STUDIO

Dates: September 7 – October 26 (Section 03) or November 2 – December 14 (Section 04)

Days: Thursdays

Time: 6:30 to 8:30 p.m.

Fee: \$40 + \$80 supplies (paid to instructor)

Location: 496 Madrona

Instructor: Cody Thornton

These sessions are for those who have already experienced the art of torch-working and would like to continue to work on their skills or projects, or if you want to just try it out and

see if you like it.



GLASS BLOWING – SOLID GLASS PENDANTS

Dates: September 6 – 20 or November 1 – 8

Days: Wednesdays

Time: 6:30 to 8:30 p.m.

Fee: \$20 + \$40 supplies (paid to instructor)

Location: 496 Madrona

Instructor: Cody Thornton

Torch, Tools and safety gear are provided.

You will learn the fundamentals of torchworking with borosilicate glass - melting and manipulating glass over a bench-top torch while exploring the artistic possibilities of this molten glass media and shaping into glass pendants for art, jewelry, or even gifts. Additionally, participants will learn some of the basics of tools, safety, equipment and techniques of this versatile and popular art form.



GLASS BLOWING – VESSELS

Dates: October 4 – 18 (Section 07) or November 29 – December 13 (Section 08)

Time: 6:30 to 8:30 p.m.

Days: Wednesdays

Fee: \$20 + \$40 supplies (paid to instructor)

Location: 496 Madrona

Instructor: Cody Thornton

Torch, Tools and safety gear are provided.

In this class, you will learn the fundamentals of blowing borosilicate glass – manipulating tubular glass over a bench-top torch and shaping into glass vessels with outside color for art, jewelry, or gifts. Additionally, participants will learn the basics of tools, safety, equipment and techniques of this versatile and popular art form.



CREATIVE WRITING

Dates: October 18 – December 5

Days: Wednesdays

Time: 7 – 9 p.m.

Fee: \$70

Location: Shields 104

Instructor: Shane Brown, Jim Irons

Have you ever felt that you would like to try creative writing, but have not had the opportunity or encouragement to do so? Are you looking to get your creative juices flowing and let your imagination pour onto the paper? This class is

designed for anyone who wants to dive into the world of creative writing. Whether you're a beginner or an advanced writer, this class will craft your skill and sharpen your writing. This course, taught by CSI Theater and English instructor Shane Brown and Idaho poet Laureate and English professor Jim Irons, is a beginning level introduction with a focus on students creating material while work-shopping and learning the structures of creative writing. The course offers a glimpse into the world of short stories, creative non-fiction, poetry, and memoir writing. The class will culminate with a public reading where students will be encouraged to share their writing.



INTRO TO IMPROV

Dates: September 19 – November 7

Days: Tuesdays

Time: 6 – 9 p.m.

Fee: \$90

Location: Fine Arts 119

Instructor: Steve Kaminski and Katie Neff

Intro to Improv is for anyone who wants to learn how to improvise, including people who want to do improv for fun, to enhance their professional skills, or take over the comedic world! Through simple but fun games, students will learn the fundamentals of improv. These fundamentals include building ensemble, giving and taking focus, object work, and the number one rule of improv, "yes, and." Intro to Improv meets once a week for two and a half hours over an eight week term. No prior experience in theatre or improv is required. Students with significant improv or theatrical experience may want to enroll in Improv 2 instead next semester.



HIP HOP

Dates: October 17 – December 5

Days: Tuesdays

Time: 6:30 – 7:30 p.m.

Fee: \$80

Location: Gym 304

Instructor: Keesha Olander

Have you ever wanted to learn some AWESOME hip hop moves but didn't want to sign up for a class with teenagers who have been dancing since they were three? Do you just want to have some fun with your friends (or new friends), listen to

energizing music, and get some exercise while you do it? Then seriously, Hip Hop is the place to be! In this eight-week course, you'll be introduced to and explore the many different styles of hip/hop street dance. You'll learn an ongoing routine, so you will have a finished product to whip out at flash mobs, dinner parties, and family reunions. Each class will start with a warmup to keep you safe and to prepare your body for dance. This class is appropriate for adults and those 12 and up. Instructor Keesha Olander has been a professional dancer and choreographer in Los Angeles for 16 years.



BALLROOM DANCE

Dates: September 6 – 27

Days: Wednesdays

Time: 6:30 – 8:30 p.m.

Fee: \$50 or \$90 for a couple

Location: Gym 304

Instructor: Leroy Hayes and Deborah Silver

Ballroom dance has enjoyed a revival in recent years and is now one of the most popular dance styles around. With its grace, variety, and active social element, it's easy to understand why it continues to

capture the imagination. So if you love the idea of twirling with confidence, learning a new life skill, and above all enjoying yourself, our adult ballroom classes are for you. You will learn beginning figures and technique for the waltz and the jitterbug/swing. LeRoy and Deborah have been dancing together for over 40 years. The dance lessons they have taken are legion. The investment in shoes is staggering. They have taught social dance in the area for a number of years and are looking forward to meeting people interested in developing this skill.



MAGIC VALLEY SYMPHONY

Dates: August 22 – December 12

Days: Tuesdays

Time: 7:30 – 10 p.m.

Fee: Free of charge

Location: Fine Arts 164

Instructor: Ted Hadley

The Magic Valley Symphony is a full orchestra of volunteer musicians from South Central Idaho, based in

Twin Falls. The Symphony is led by Theodore Anchor Hadley, Music Director/Conductor, and performs four concerts a year, including the spring pops concert. The Symphony provides a rewarding opportunity where adult volunteer musicians can pursue their lifetime musical avocations and enjoy the health benefits of continuing to make beautiful music. The concerts are a valuable community asset that bring artists and music not readily accessible otherwise to an interested audience, and include art exhibits and after-concert receptions. The Symphony

also presents educational opportunities for local student and adult musicians. Now presenting the 57th consecutive season, the Symphony is proud to be the acknowledged leader in the music community of southern Idaho.



CSI SYMPHONIC BAND

Dates: August 21 – December 11

Days: Mondays

Time: 7:30 – 10 p.m.

Fee: Free of charge

Location: Fine Arts 164

Instructor: George Halsell

The CSI Symphonic Band is looking for musicians. All members of the community who can play at least

moderately difficult music, including high-school musicians, are invited to come join the ensemble. If you play a band instrument and have been looking for a reason to dust it off and tune it up, this is your opportunity. For more information, please contact Dr. Halsell at 732-6767 or at ghalsell@csi.edu



MAGIC VALLEY CHORALE

Dates: August 21 – December 11

Days: Thursdays

Time: 7:00 – 9 p.m.

Fee: \$10

Location: Fine Arts 133

Instructor: Carson Wong

The Magic Valley Chorale always extends a big welcome to new voices looking for a place to call home. The Chorale is a wonderful opportunity to share your love of music with your community and meet new people who share your interests.

Conducted by Carson Wong, the Chorale typically performs two concerts per year at winter holiday time and in the spring. In an effort to keep participation affordable for all, dues and music fees are kept to the lowest possible minimum for each production. Skill levels of musicianship within the group vary greatly; the Chorale provides an opportunity to learn as well as teach for the love of singing.



CONVERSATIONAL SPANISH

Dates: September 20 – December 13

Days: Wednesdays

Time: 6 to 8 p.m.

Fee: \$120

Location: Shields 108

Instructor: Anna Trelles

Are you planning a trip to a Spanish-speaking country? Do you need to learn how to communicate better with Spanish speakers? Has it been a long time since you

took Spanish in school and you want to brush up your skills? In this Conversational Spanish class, you'll learn basic communication skills in the second most common language in the Magic Valley without the pressure of tests and with very little writing. You'll spend the semester learning basic phrases and vocabulary and practicing them with your other classmates. You'll be able to talk about yourselves, others, and your interests. In addition, you'll learn a little about the Hispanic culture. This class can be tailored to the wants of the individual class.



HATHA YOGA

Dates: September 11 – October 23 (Section 01) or October 30 – December 4 (Section 02)

Days: Mondays

Time: 6:15 – 7:15 p.m.

Fee: \$49

Location: Gym 231A

Instructor: Morgan Jenö

The promise of yoga postures includes balance, strength, flexibility, and the ability to calm the mind. If you are new to yoga or had yoga in the past and want to

refresh the basics, this class is for you. Please come with an empty stomach, loose clothing, bare feet, and that spark for a new and exciting class, and we will get started. We suggest bringing your own yoga mat, but can furnish one if necessary. Note, there will be no class on October 5 due to holiday closures.



MINDFULNESS AND MEDITATION

Dates: Sept 26 – November 14

Days: Tuesdays

Time: 7:00 to 8:30 p.m.

Fee: \$99

Location: Gym 236

Instructor: Robin Lopez, LCSW

We generally think of mindfulness as an idea that has been around for thousands of years, originally emerging out of Buddhist traditions. There is current research in the field of neuroscience showing that

mindfulness might actually impact how our brains work, allowing the prefrontal cortex to have greater control over the amygdala, commonly referred to as the primal and reactionary lizard brain. These changes can have an impact on many aspects of human experience. Mindfulness meditation is paying attention to your experiences in a way that allows you to respond rather than react. It is a quality of inner-stillness that is always available, even when life circumstances feel out of control and chaotic. Learn how to incorporate mindfulness meditation into your wellness routine. Develop and strengthen your mind, increase your ability to focus, recognize and manage your emotions, make better decisions, and have more empathy in your relationships. Please wear comfortable clothing and bring a yoga mat and journal to class. A light blanket and/or pillow are also recommended for comfort.



NATURE AND FOREST THERAPY (AKA FOREST BATHING)

Dates: September 9

Days: Saturday

Time: 10:30 a.m. – 2 p.m.

Fee: \$30

Location: Rock Creek Park

Instructor: Sandra Bosteder

Forest Therapy is a research-based framework for supporting healing and wellness through immersion in forests and other natural environments. In Japan it

is called "shinrin yoku," which translates to "forest bathing." Studies have demonstrated a wide array of health benefits, especially in the cardiovascular and immune systems, and for stabilizing and improving mood and cognition. Sandra Bosteder has master's degrees in Physical Education Athletic Administration and Health Education. Her interest in Forest Therapy was piqued while researching healthy lifestyles that went beyond and deeper than what many

health programs provide and benefited more diverse physical ability levels. Meet in the Rock Creek Parking Lot (North Side by the Old Hospital).



JUDO FOR BEGINNERS: THE GENTLE WAY

Dates: ongoing August 22 – December 14

Days: Tuesdays and Thursdays

Time: 6 to 7 p.m.

Fee: \$70 + \$20 gi rental each session

Location: Rec Center 231A

Instructor: Bryan Matsuoka

Judo is an Olympic sport with a history and tradition based on mutual benefit for all. It is a great sport for ages 8+up with built in anti-bullying principles. This class is an excellent sport for cross training as we teach you

throws and ground techniques. The traditions of Judo also included are self-respect, respect for others, and property. Opportunities include local tournaments and guest teachers from the USA Elite Rosters. Students may begin this class at any time during the semester.



ADVANCED JUDO

Dates: ongoing August 22 – December 14

Days: Tuesdays, Thursdays, and Saturdays

Times: Tuesdays & Thursdays: 7 - 8 p.m. and

Saturdays: 9 - 11 a.m.

Fee: \$80 + \$20 gi rental each session

Location: Rec Center 231A

Instructor: Bryan Matsuoka

This course is designed for Judo students interested in self-defense, recreational activity, competition, and rank advancement up to 5th degree black belt in the Olympic sport of Judo. This class will enable students to continue their studying and cumulative learning of additional throwing,

ground techniques, submission holds and arm locks, formal judo kata or forms/demonstrations, and lifestyle. You will also have the opportunity to travel to regional and/or national events with the group. Pre-requisite includes instructor approval, judo gi (uniform), and United States Judo Federation and Club membership (\$70/year). Students may begin this class at any time during the semester with permission from the head instructor.



KID'S PLYOMETRICS

Dates: December 19 – 28

Days: Tuesday - Thursday

Times: 12 – 1 p.m.

Fee: \$75

Location: Gym 236

Ages: 6 and up

Instructor: Travis Bunker

Course Code:

Don't lose your edge over the winter - instead, develop the skills and stamina to become a better

athlete! This conditioning program will focus on speed, strength, and explosiveness to enhance your athleticism. This two-week course will help young athletes develop the skills necessary for safe and effective sport participation. CSI Health, Recreation, and Fitness Instructor, Travis Bunker will help you become stronger and quicker in your favorite sport. Travis is the strength and conditioning coordinator over all CSI athletics and will push you to reach your potential.

Come get better! Space is limited to the first 20 registrations for each class. People interested in registering after December 15 must call Travis at 732-6478.



INTRODUCTION TO STRENGTH TRAINING FOR YOUNG ATHLETES

Dates: December 19 – 28

Days: Tuesday - Thursday

Times: 1 – 2 p.m.

Fee: \$75

Location: Gym 236

Ages: 10 and up

Instructor: Travis Bunker

Course Code:

This course will introduce the young athletes to safe exercises in the weight room taught by a Certified Strength and Conditioning Specialist

Travis Bunker. Young athletes will learn many different total body exercises to help strengthen and prevent injuries. The focus is not on “how much weight” or “maxing out” but how to do the exercises safely and with the correct form. This can be very beneficial to athletes going into or currently in high school to prepare for weight classes or continue what progress has been made during the school year. People interested in registering after December 15 must call Travis at 732-6478.

SIGN UP FOR BOTH PLYOMETRICS AND STRENGTH TRAINING AND SAVE!

Dates: December 19 – 28

Days: Tuesday - Thursday

Times: 12 – 2 p.m.

Fee: \$130



REIKI LEVEL ONE: TRAINING & ATTUNEMENT

Dates: September 9 (Section 01) or November 18 (Section 02)

Days: Saturday

Time: 9 a.m. to 4 p.m.

Fee: \$199

Location: Shields 107

Instructor: Sandy March

Reiki is a simple, natural and safe method of spiritual healing and self-improvement that everyone can use. In

this class you will learn the skills necessary to be able to work on yourself, your family, friends, and pets. You will also learn the basics of energy, the history of Reiki, what Reiki is and is not, and have lots of hands-on practice. You will receive your Level I Reiki certificate upon completion of this class.



REIKI LEVEL TWO: TRAINING & ATTUNEMENT

Dates: October 7

Days: Saturday

Time: 10 a.m. to 2 p.m.

Fee: \$299

Location: Shields 107

Instructor: Sandy March

Reiki Level II gives you the ability to work on yourself, family members and the public. It also gives you the ability to do distant Reiki healing. We will discuss and

focus on healing intuitively. Please plan on lots of hands-on practice.

REIKI LEVEL THREE: TRAINING & ATTUNEMENT

Dates: November 4



Days: Saturday

Time: 10 a.m. to 4 p.m.

Fee: \$379

Location: Shields 107

Instructor: Sandy March

This course is for individuals who have taken both Reiki: Level One and Reiki: Level Two and are interested in this one-time offering of Reiki Level Three: Master Training and Attunement class. IARP Certification will be awarded after completion. Students will learn advanced Reiki concepts and how to pass attunements that allow them to become a teacher.



RESEARCHING & CLEARING NEGATIVE ENERGIES

Dates: October 11-18

Days: Wednesday

Time: 6 – 9 p.m.

Fee: \$49

Location: Shields 106

Instructor: Sandy March

Negative Energy is a powerful dark profound energy that does not feel good. We can usually tell right away when we "don't feel like ourselves anymore" or you suddenly "don't feel comfortable in your own skin". These could be signs that a negative energy has found its way to you and is settling in for the long haul! This class will teach students the many types of negative energies that exist in the universe, how to identify them, and tools on how to remove them. This class is highly recommended for all levels of Reiki students as an add-on to your healing toolkit. Past Life Research Class students also are welcome as you will already be familiar with using pendulum. However, the class is open to anyone with an open mind or curiosity about our amazing Universe.



PAST LIFE RESEARCH

Dates: September 20-27

Days: Wednesday

Time: 6 to 9 p.m.

Fee: \$49

Location: Shields 106

Instructor: Sandy March

Many cultures believe we are souls having a physical experience in this time and place. These experiences can span centuries. Ever wonder who you were in a past life?

Do you obsess over a certain time in history? Why are you drawn to certain locations, countries or areas in the US? Have you ever just met someone yet feel like you have known them forever? Chances are you feel drawn to those things because you had a past life experience. This class will teach students the proficient use of pendulums and charts to discover who they were in past lives. It's meant to be a fun class. Week One: students will learn more about those feelings described above and how to use a pendulum proficiently. Students may bring a pendulum, or one will be provided for class use only. Week Two: students will learn how to incorporate charts with the pendulum and how to make inquiries using them and other tools. Students that are interested in continuing their practice can

purchase an optional Past Life Research Kit which will include laminated charts, instructions and crystal pendulum for a small fee.



FOUNDATIONS OF FENG SHUI

Dates: October 28

Day: Saturday

Time: 9 a.m. – 12 p.m.

Fee: \$70

Location: Desert 113

Instructor: Shealyn Mallows

Feng shui has been used for centuries to bring prosperity and health to homes and businesses. In this three-hour class, you'll learn how to map your home and apply the right elements, shapes, and colors to activate each area. You'll learn what to do for trouble areas - things in your home that are holding you back or if parts of your home are missing. We'll also cover some tips and tricks such as how to help children with their studies, things you can

do to attract a partner or boost your current love life, and how to make your home a little more harmonious during the upcoming hectic holiday season. Students will receive a workbook, feng shui maps, and cheat sheets to perform a consultation on your own home. Please bring three copies of your home's floor plan drawn to scale (or as close as you can get) on 8x10 paper, a ruler, and colored markers or pencils.



LADIES 60 YEARS AND BEYOND

Dates: October 14

Days: Saturday

Time: 9 a.m. – 12 p.m.

Fee: \$50

Location: Fine Arts 137

Instructor: Morgan Jenö

Course Code:

THIS ONE'S JUST FOR YOU... Around this time we all know there needs to be a change in the way we apply our make-up and what we

should be using on our skin. But what changes??? The magazines don't seem to address the questions that those of us of a particular age have. OK, then.. time for some answers! Instructor Morgan Jenö has been involved in every area of the beauty industry for most of her life. There really are tricks of the trade – let her show you some. This class will cover skin care and make-up dos and don'ts. The day will include a demonstration and then you'll go hands-on. FUN!!! After you register, we'll send you a list of what to bring... prepare yourself for a very fun class with a group of fabulous females. See you soon !!!!!!!



HAM RADIO LICENSE CLASS

Dates: September 14 – October 26

Days: Thursdays

Time: 7 – 9:30 p.m.

Fee: \$49 + \$40 for class materials (paid to instructor first day of class)

Location: Shields 107

Instructor: Stephen Hagerty

Course Code:

This class will introduce you to the hobby of amateur (ham) radio! In this course, you'll learn the ins and

outs of radio communication covering local, national, and international markets, as well as emergency and space communications. This course will cover radio requirements, operating procedures, and all the knowledge needed to prepare students to take the FCC Technician Class License exam, which will be administered the last day of class. At the end of the course, students should be able to pass the exam and be communicating with other hams around the world!



PRIVATE PILOT / DRONE AVIATION GROUND SCHOOL

Dates: September 13 – November 23

Days: Wednesdays

Time: 6 – 9 p.m.

Fee: \$199

Location: Precision Aviation

Instructor: Mark Doerr and Mark Buccambuso

Take your world to new heights with this 33-hour class that covers the concepts and practical applications to prepare you to take the

FAA written exam for your private pilot certificate. Learn basic aerodynamics, aircraft performance, power plant systems, airspace categories, flight instruments, meteorology, weight and balance, airborne emergencies, Federal Aviation Regulations, navigation and flight physiology. Fee includes course book, FAR's, AIM, Private Pilot test guidebook, plotter, mechanical flight computer and chart, and certificate at the end of the completed course. Registration is open to anyone 15 years old and above. Instructor(s): Precision Aviation Staff: Mark Doerr, ATP, CFII, MEI, DPE and Mark Buccambuso, COMM, CFII, MEI



KOMBUCHA BREWING WORKSHOP

Dates: September 6 or November 29

Days: Wednesday

Time: 6 – 8 p.m.

Fee: \$50

Location: Desert 114

Instructor: Kirsten Clancy

Kombucha is known as the "Immortal Health Elixir" by the Chinese, originating in the Far East around 2,000 years ago. Kombucha is a fermented beverage of tea and sugar that contains a colony

of bacteria and yeast, resulting in a beverage with tremendous health benefits such as improved digestion, weight loss, increased energy, cleansing and detoxification, immune support, reduced joint pain, and cancer prevention. The Kombucha Brewing Workshop will use hands on instruction to explain how to brew, how to flavor, how to store, and how to share Kombucha. Attendees will not only leave with knowledge of the brewing basics, but also a take home Kombucha Brewing Kit that includes SCOBY (live Symbiotic Culture of Bacterial Yeast in starter

liquid), large glass container, cheesecloth, tea, sugar, and recipes. In this class learn how to brew this healthy beverage in your own home for pennies, instead of paying the costly store price of \$3-\$5 per bottle.



DOG OBEDIENCE

Dates: September 6 - 25

Days: Mondays and Wednesdays

Time: 6:30 to 7:30 p.m.

Fee: \$65

Location: Back Expo Center Lawn

Instructor: Donna Stalley

Teach your faithful dog in an exciting and fun format.

Through positive reinforcement and behavior modification, you will socialize and train your dog in basic obedience and

beginning agility training. Goals of this class include better mannered and socialized dogs and more educated and empowered owners. This class is taught by a licensed clinical counselor with 30 years of experience as a dog obedience instructor. Class will be held outdoors near the Expo Center Lawn – but will move to an adjacent indoor location in cases of bad weather.



BASIC ASTROLOGY FOR THE CURIOUS

Dates: October 7

Days: Saturday

Time: 9 a.m. – 12 p.m.

Fee: \$50

Location: Fine Arts 87

Instructor: Morgan Jeno

Curious about the language of astrology? This class is designed just for you. This class is an introduction to the meaning of the signs..the planets..the symbols of

astrology. Prepare to have fun as you begin to unravel the mystery of you. You will receive your personal chart and begin to understand the fascination that surrounds this ancient language. We will need you date, place, and time of birth prior to the class start date. See you there....



VERY BEGINNING BIRDWATCHING

Dates: September 29 and 30

Days: Friday and Saturday

Time: 6 – 8 p.m. on Friday and 8 a.m. – 2 p.m. on Saturday

Instructor: Sarah Harris

Fee: \$60

Location: Shields 201 and the South Hills

This great introduction to birdwatching will teach you about the migrants and seasonal visitors, as well as year-round residents in the Magic Valley. Instructor Sarah Harris, with

help from local Audubon members, will familiarize you with the tools of the trade — binoculars, field guides, scopes, and the best local places to watch birds. In the Friday evening classroom session, she'll introduce you to different kinds of birds. You will learn about the observation skills necessary to identify a bird by size and shape, color patterns, behavior and habitat. Then on the following Saturday, she'll help you spot them in the field! No prior birding experience required. Note: You will need to bring your own or borrowed binoculars to the first class and to the Saturday field trip.



COMMUTING BY BICYCLE IN TWIN FALLS

Dates: September 15 and 16

Days: Friday and Saturday

Time: 6 – 8 p.m. on Friday and 10 a.m. – 1 p.m. on Saturday

Instructor: Sarah Harris

Fee: \$40 + \$20 for Smart Cycling Manual, light, and tire repair kit

Location: Shields 201 and about town

Save money and improve your health by incorporating cycling into your daily routine. Whether running errands, commuting to work, or getting exercise, cyclists of all sorts will appreciate this course designed to help them interact safely and positively with city traffic. This two-part class starts with a classroom session (indoor – bring your bicycle [in good working order] and your helmet), then continues with an on-the-road class (outdoor – bike, helmet, water bottle, and close-toed shoes required). You will learn the essential skills and strategies to keep you safe when riding on city streets: fitting your bike and helmet, fixing a flat tire, tips on commuting while still arriving presentable, handling your bike confidently and effectively, positioning yourself on the road to avoid and deter the mistakes of other users, communicating effectively with other road users, applying emergency bike handling maneuvers to avoid a crash, applying traffic laws as they pertain to cyclists, and choosing the best route to get you safely and efficiently to your destination. This class is for anyone who has a driver's license. Students 14 and older without a driver's license may be able to register for the class, but must have a parent or guardian attending the same class as a registered participant. Please contact us to discuss before registering your teen.



FINALLY HOMEBUYERS EDUCATION

Instructor: Various Real Estate, Lending & Title Professionals

Fee: \$20

Taylor 276

Time: 6 - 8:30 p.m.

Is homeownership right for you? Learn about the benefits in our step-by-step 5-hour program. Your course completion may help you qualify for a reduced mortgage, insurance premiums, down payment and closing cost assistance or other special lender programs. The class is offered in partnership with Idaho Partners for HomeBuyer Education, Inc.

Days: Wed, August 23 & 30

Days: Tues & Thurs, September 26 & 28

Days: Mon & Wed, October 23 & 25

Days: Mon & Wed, November 27 & 29